

safe tell Colorado



News, Alerts and Announcements March 2016

Safe2Tell Colorado provides students and adults in Colorado communities and schools an increased ability to both prevent and report violence and other concerning behaviors by making a safe, ANONYMOUS report. Through education and awareness efforts, Safe2Tell Colorado encourages and empowers bystanders to speak up when they have a concern about their safety or the safety of others.

Visit the Safe2Tell CO Website

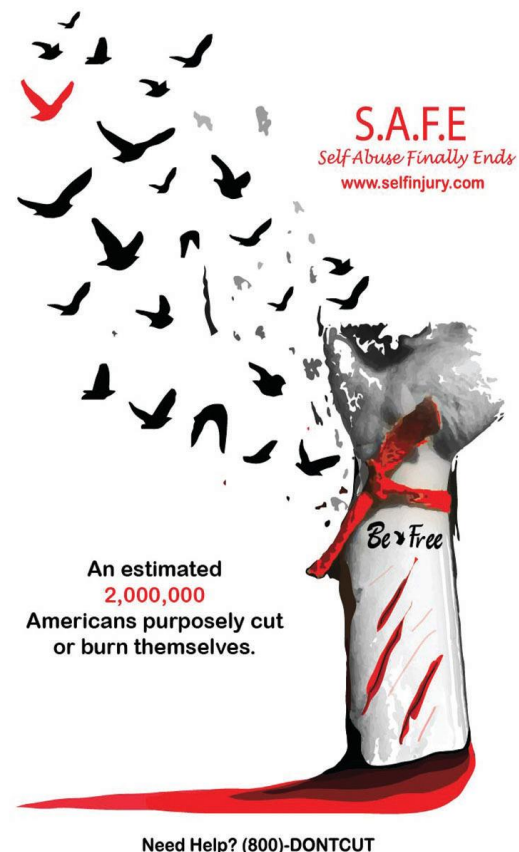
Self Injury Awareness and Resources

March brings self-injury awareness to light in the United States. Reports of youth engaging in self-injury or cutting behaviors has been in the top 5 most reported concern to Safe2Tell Colorado. Self-injury is the deliberate injury to oneself through cutting, burning, hair-pulling, head banging, bone-breaking or self poisoning.^[1]

Reasons Why Adolescents May Self-Injure: [1]

- To regain control over their body
- To escape feelings of tension, anxiety, emptiness or numbness
- To deal with feelings of self-hatred or guilt
- To communicate emotional pain
- To obtain a feeling of euphoria
- To find relief from an unpleasant emotional state
- To help cope with a traumatic event

Safe2Tell is a resource for those who are hearing



about or witnessing self-injury behaviors in friends. Remind students that if they know of a friend who self-injures, they can help that friend by making an anonymous report to Safe2Tell Colorado [online](#), [by mobile app](#) or by calling 1-877-542-7233.

Additional Resources:

- **1-800-DONTCUT** Self Injury Information Line
- [Mental Health America: Self-Injury](#)
- [Cornell Research Program on Self-Injury and Recovery](#)

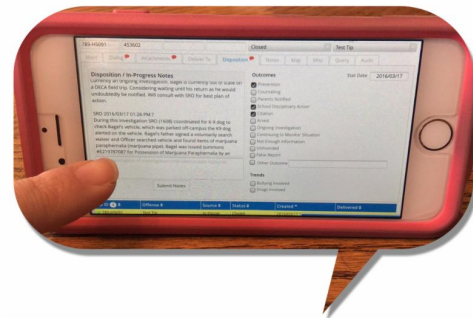
[1] El Paso County Department of Health and Environment, *Safe Teen Self Injury Fact Sheet*

NEW: P3 access on mobile devices for recipients

P3 recipients now have the ability to view the full site now allowing users to see the In-Progress Notes/Disposition Section from mobile devices. Users can now see the action being taken as well as type in the action they have taken and give a final disposition report from their smartphone and tablets. This new functionality is now available using the menu bar and choosing "full site" from the Safe2Tell Colorado text alerts sent to recipients.

For more information about the P3 system, [view our P3 instructions page](#).

For additional information or questions about the P3 system or viewing/receiving tips, contact Natasha Sansoni, Data Manager, at 719-433-4768 or natasha.sansoni@coag.gov.



Save the Date! October 12th - 13th 2016: Safe Schools Summit

2016 Colorado Safe Schools Summit hosted by the Colorado School Safety Resource Center in collaboration with the Center for the Study and

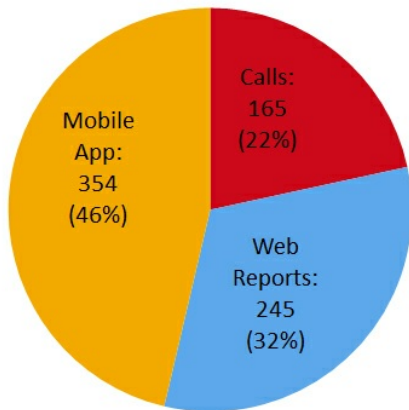
Prevention of Violence at CU Boulder and Safe2Tell of the Colorado Office of the Attorney General.

- **Where:** The Conference Center at Adams 12 Five Star Schools 1500 E 128th Ave., Thornton, CO 80241
- **When:** October 12th - 13th 2016
- Registration will be through Co.train.com
- [More information coming soon!](#)

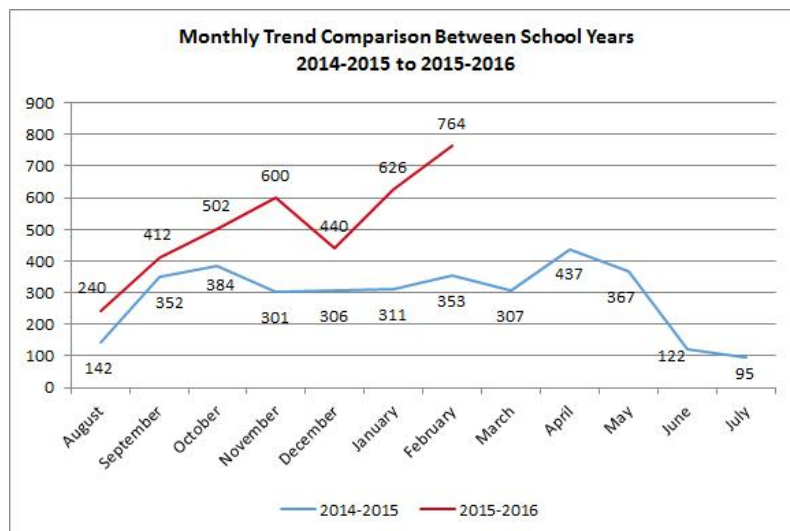
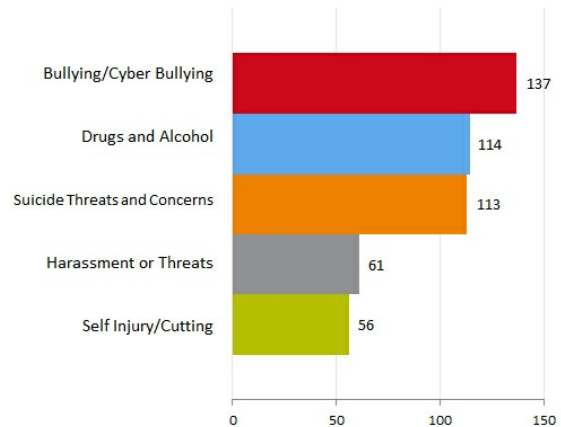


At A Glance: Data Results for February 2016

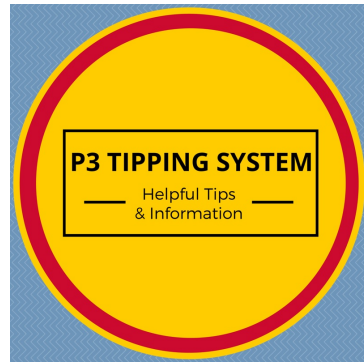
Safe2Tell Reports By Reporting Method





Top Five Reported Concerns: February 2016



[View the February 2016 Data2Report Infographic](#)





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STAY CONNECTED

